

Durham Wrestling Club Code of Conduct **Wrestler/Parent**

Welcome to the Durham Wrestling Club. Our Club places great importance upon helping young student-athletes by involving them in an athletic program which builds character, self-esteem and emphasizes team work. Discipline, hard work, and cooperation act as the foundation of this effort. In that vein we have developed these standards by which we expect each player and parent to abide by.

Wrestler's Name: _____
Please Print Name

Wrestler:

1. I understand that being a "Durham Trojan Wrestler" is a privilege and I promise to uphold the high standards of all school/club policies and the Northern California Junior High Wrestling Section Rules.
2. I agree to follow the instructions of the coaches and club officers without dissent.
3. I understand that disruptive behavior and failure to follow instructions are grounds to be dismissed from practices, dual meets, tournaments and any other club functions.
4. I agree to attend all scheduled practices, dual meets, and tournaments. If I am unable to attend, my parents/guardian or I will contact my coach prior to the scheduled time and date. Lack of participation and/or disruptive participation are grounds for dismissal.
5. I agree to encourage my teammate's efforts and NOT criticize their mistakes.
6. I agree to conduct myself in a sportsman like manner at all times while attending all wrestling events. Violations of sportsmanship are considered physical or non-physical acts and can occur before, during, or after a match. They include, but are not limited to failing to comply with the directions of the referee, pushing/shoving, biting, striking, kicking, swearing, taunting, throwing headgear, spitting, and indicating displeasure with a referee's judgment call.
7. I understand that I will be given one warning of a violation during the current wrestling season. If a second violation occurs I may be asked to leave the event or practice facilities.
8. I agree to take good care of the wrestling equipment that is issued to me. I understand that I am responsible for the loss or damage due to my misuse or abuse of the equipment. I further agree to return all equipment issued to me by the Durham Wrestling Club in a timely manner at the conclusion of the season.
9. I agree to work hard in school and complete all my homework in an effort to maintain a 2.0 GPA. I further understand that any use or possession of tobacco, alcohol or drugs will be grounds for disciplinary action or may result in the immediate dismissal from the Durham Wrestling Club.
10. I understand that the above listed standards are not negotiable and must be adhered to.

Parent:

1. I understand that my son/daughter is part of a successful program and that every effort will be made to physically prepare them for the demands of wrestling. I promise to support the coaches and the club board in this effort.
2. I agree to have my son /daughter at all practices, dual meets and tournaments on time and with all the necessary equipment, unless excused by the Head Coach. If my child is unable to attend, I will contact the Head Coach prior to the scheduled time and date.
3. I understand that at no time may I interfere with practice or be on the wrestling mat during a tournament or dual meet. I further understand that my being on the wrestling mat may constitute a team point deduction.
4. I understand that any conference with a coach must be pre-arranged and will take place at the practice facility only, before or after practice and never during practice or competition.
5. I agree to conduct myself in a sportsman like manner at all times while attending all wrestling events. I also agree to adhere to all school policies and to inform the coaches if my child falls below a 2.0 GPA. Violations of sportsmanship are considered acts physical or non-physical directed at referees, coaches, wrestlers or other parents that are taunting, acts of disrespect or those actions which incite negative reaction by others.
6. I agree that I will be given one warning of a violation during the current wrestling season. If a second violation occurs, I will be asked to leave the event or practice facilities.
7. I understand that the above listed standards are not negotiable and must be adhered to.
8. I understand that I will volunteer at some of the Durham Wrestling Club activities and events.

I understand and agree to abide by the above listed standards of the Durham Wrestling Club for the upcoming season.

Wrestler's Signature: _____ Date: _____

Parents/Guardian's Signature: _____ Date: _____